

PROGRAM OVERVIEW FOR EMPLOYEES


“Shift Gears & Bike There”



*A Tucson Department of Transportation
Alternative Modes Initiative*

CITY EMPLOYEES

Need to Get Around Downtown?
Want to go for a “wellness” ride?

- Take 
- Sign-out Bikes, Helmets and Locks at 8 Locations
- Process is similar to fleet car check-out
- Pilot program in downtown area



BENEFITS

- Saves Money & Gas
- Helps Our Environment
- Saves Time Parking
- It's Healthy!
- Earn Perks – Check Out a Bike and Your Name Gets Entered Into a **Drawing to Win a New Bike** Plus Other Cool Stuff!



Riding a bike counts as exercise with the City's walking program



EASY CHECK-OUT

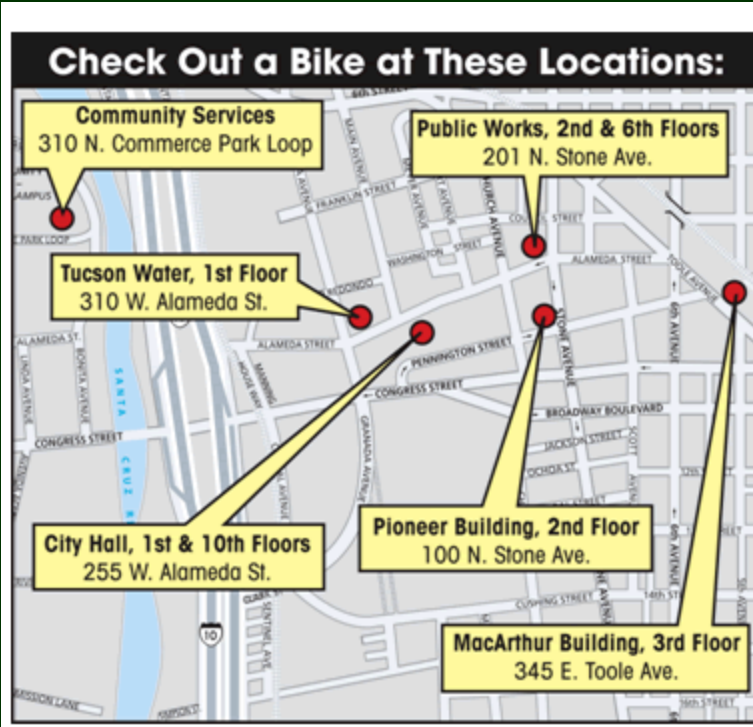
- Quick Bike Safety Refresher
- Sign-out Bike, Helmet, Lock Keys
- Each location has person assigned to help
- Ride!
- Return Bike and Sign-In
- First Come, First Serve



Most bikes have these numbered license plates to identify them



LOCATIONS



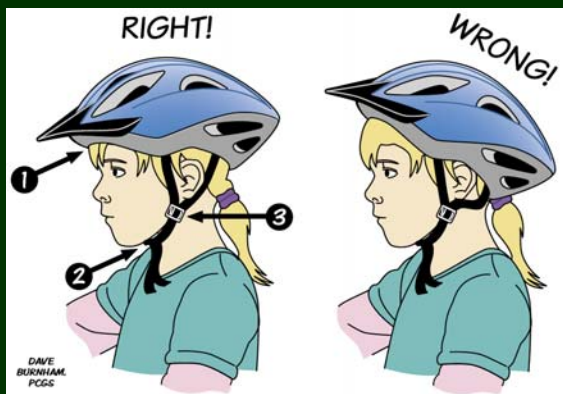
City Cycle Coordinators

- Public Works - 201 N. Stone Ave.
 - 2nd Floor - Glenn Moyer
 - 6th Floor - Jim Stoyanoff
- City Hall - 255 W. Alameda Street
 - 1st and 10th Floors - Chad Anderson
- Pioneer Bldg - 100 N. Stone Avenue
 - 2nd Floor - Katherine Roberts
- Urban Planning & Design - 345 E. Toole Ave.
 - 3rd Floor - Irene Ogata
- Tucson Water - 310 Alameda St.
 - 1st Floor - Miriam Lares & Ilene Grossman
- Community Services - 310 N. Commerce Park Loop
 - Ernie Garcia

City Cycle Coordinators are trained employees that can answer basic questions and make sure the bikes are in running order



YOU MUST WEAR A HELMET



Helmets are provided at check-out.
You can also bring your own.

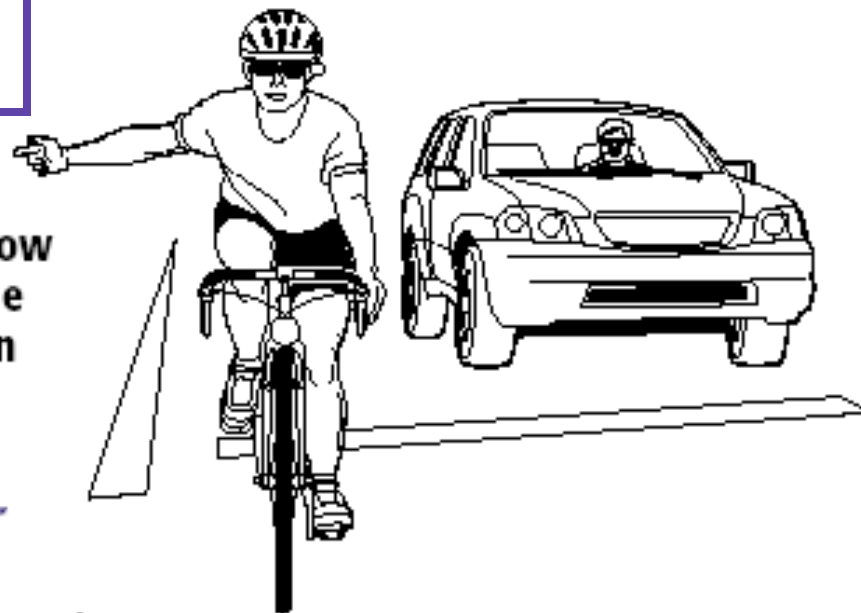
**Tip: Make sure the helmet is level and
the straps are snug**



Be polite and be smart

Use hand signals to show your intentions and ride in a predictable fashion (A.R.S. 28-756).

Remember, the laws are there to make it safer for everyone.



Turning right



OR



Turning left



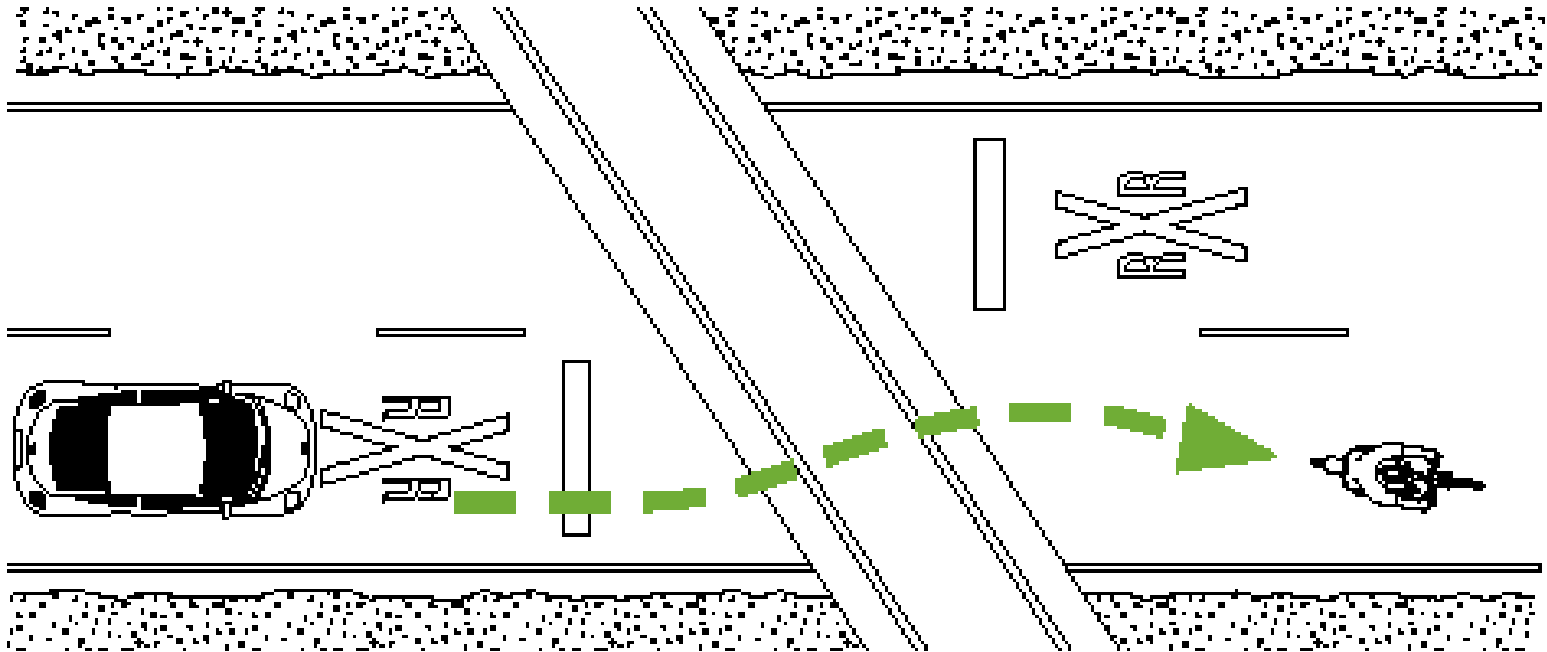
Slowing down



Image courtesy of the Share the Road Guide (2006)



Cross tracks carefully



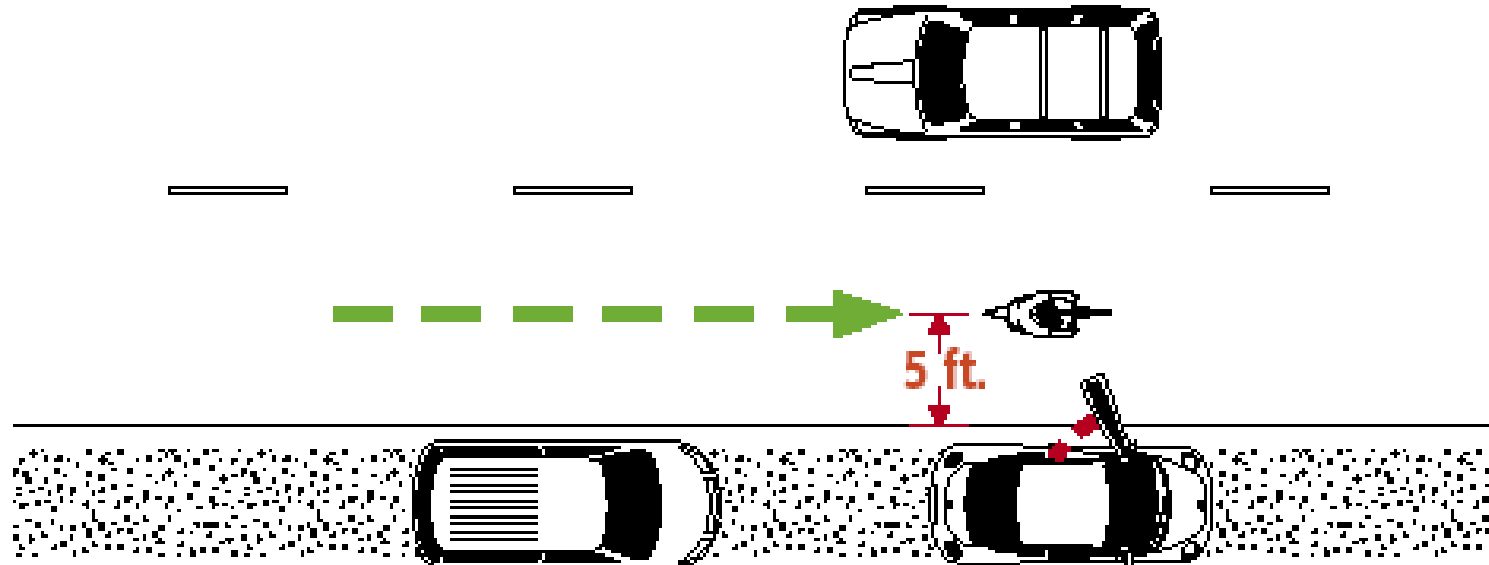
Watch ahead for hazardous railroad tracks. Look behind you to make sure it's safe to move over, signal your intentions, then cross tracks as close to a right angle as possible (A.R.S. 28-815).

Image courtesy of the Share the Road Guide (2006)

Tip: Cross the tracks carefully on 4th Avenue and University Boulevard



Be careful when riding by parked cars



Look for people in parked cars ahead of you and ride in a straight line **at least 5 feet** away from the car. Someone may open the car door in front of you unexpectedly. **Be predictable:** Don't weave in and out between parked cars.

Image courtesy of the Share the Road Guide (2006)

Tip: Don't ride too close to parked cars on University Boulevard



Three legal ways to turn left

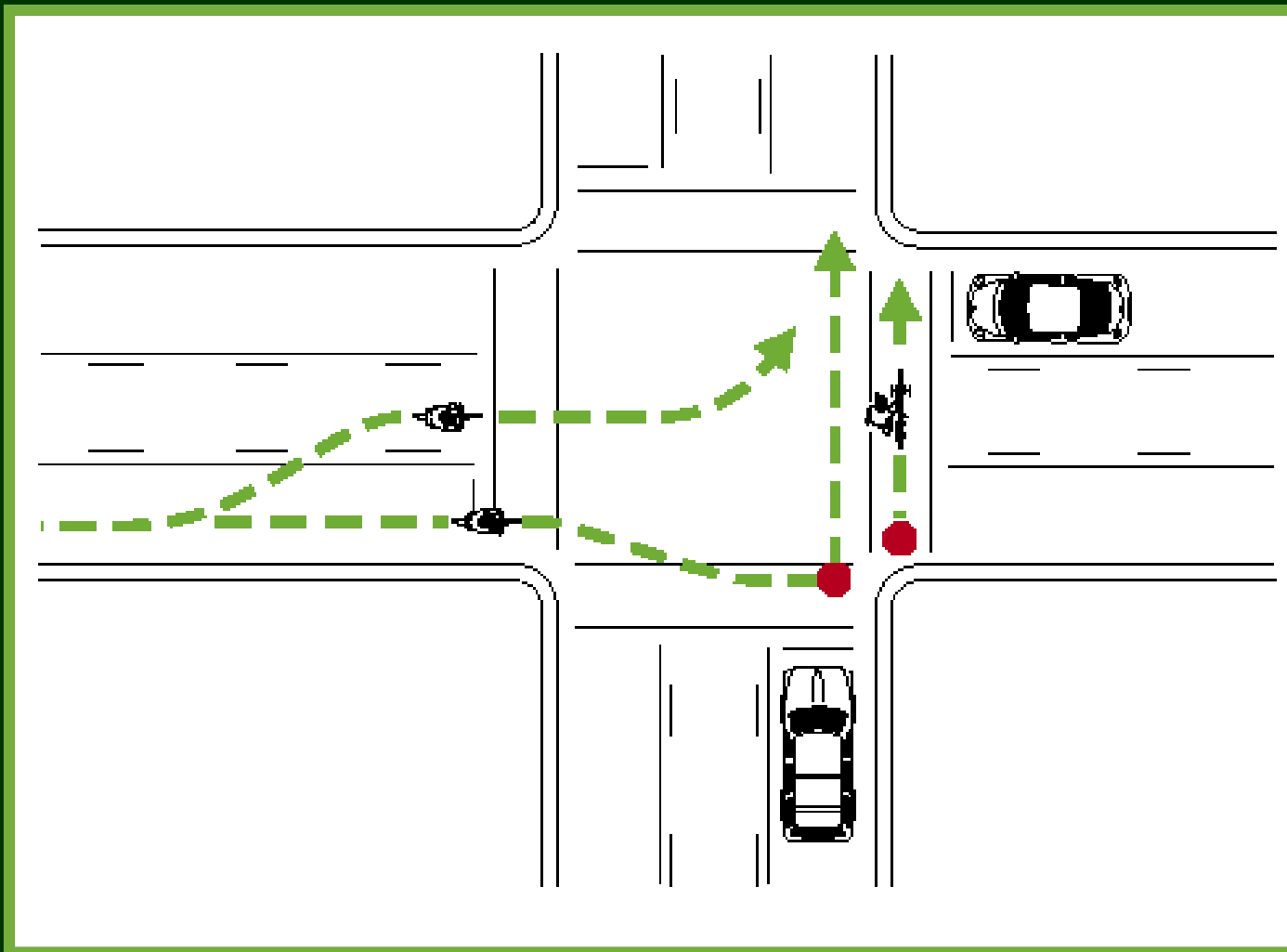
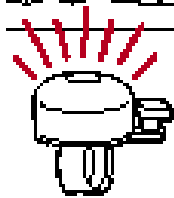


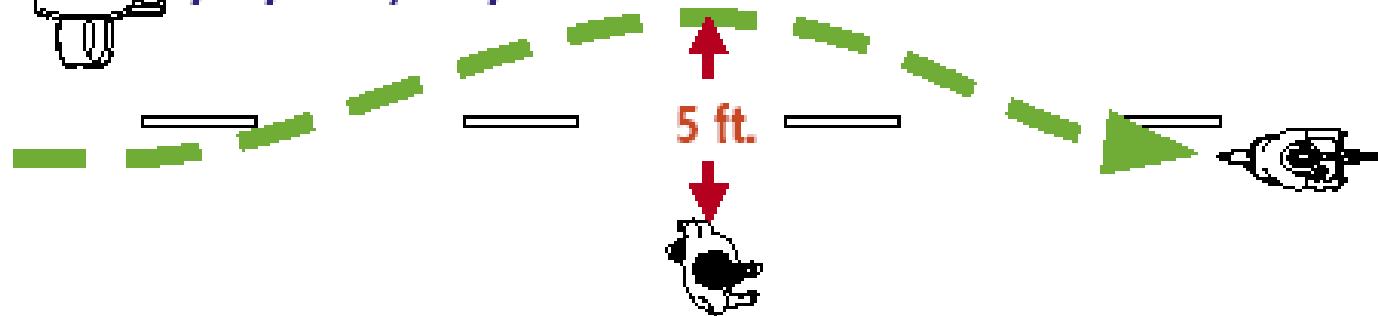
Image courtesy of the Share the Road Guide (2006)



Respect pedestrians on paths



Bicycle bells are a polite way to alert people to your presence!



On a shared use pathway always slow down when approaching pedestrians, give a verbal warning you're about to pass, and provide at least 5 feet passing distance. **Remember!** The pedestrian you are courteous to on the pathway may be the driver who treats you well when you're cycling on the roadway.

Image courtesy of the Share the Road Guide (2006)

Tip: Respect pedestrians on the Santa Cruz River Path



Pay attention

Headphones and cell phones cause distraction and reduce your ability to hear traffic, which could cost you your life.

Don't use headphones or a cell phone when riding your bike- you're four times more likely to be in a crash!



Image courtesy of the Share the Road Guide (2006)

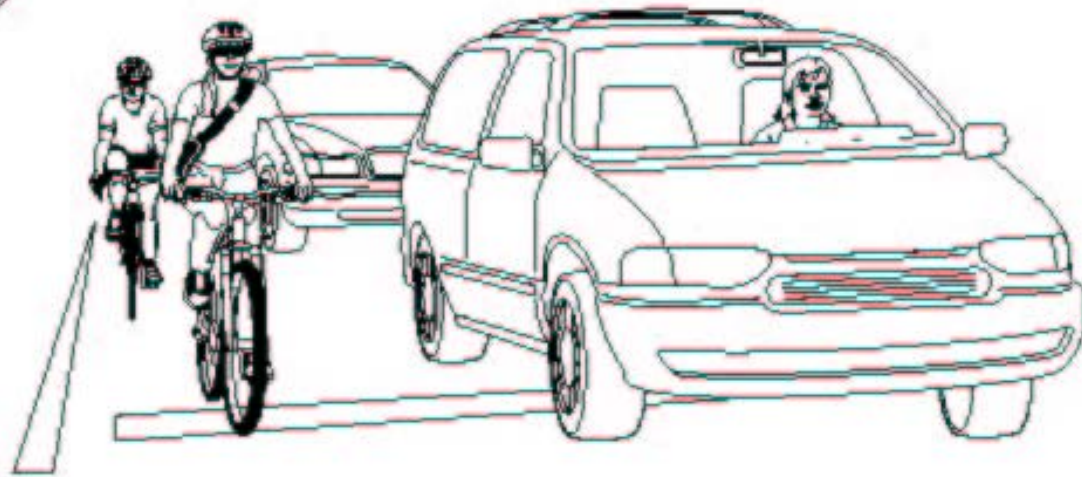
Tip: Sorry, IPODS are also a distraction!





**SHARE
THE
ROAD**

Show respect to others



Be polite and be smart. Show respect for all users of the road, and you'll get respect back as a result.
Cyclists and Drivers: Same roads, same rules, same rights and responsibilities.

Image courtesy of the Share the Road Guide (2006)



RULES OF THE ROAD

Ride Right, With Traffic



RULES OF THE ROAD

- Be Visible
- Be Predictable
- Signal Turns
- Be a Defensive Rider



HOW TO

Shift Gears



HOW TO

Brake



Counterclockwise Motion on
the Right Pedal



Squeeze Brake Handle



HOW TO

Operate 'Coffee Shop' Lock



Tip: This lock keeps the back wheel from moving, but is not the best form of security



HOW TO

Operate the U-Lock



Use the U-lock to secure the bike frame to the bike rack



GET ON THE BIKE AND RIDE!



Testimonials

“Riding a bike keeps me in good health and helps protect Tucson’s air quality and our precious environment.”
-Mayor Bob Walkup

“Biking beats walking in 100 degree heat!” -Jim Glock

“Riding a bike to Downtown meetings allows me to get there quicker, with less hassle, and on time!” -Karen Masbruch

“Riding a bike keeps another car off the road, improves your health, and reduces pollution that is damaging our environment.” -Leslie Liberti

“When I attend meetings in the Downtown area, riding a bike is a convenient and healthy option.” –Albert Elias



Need a refresher course/new rider?

Learn More!

Gain Confidence!

SHARE THE STREETS!

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www.dot.pima.gov/tpcbac

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Call 791-4371

OR

Email Tom.Thivener@tucsonaz.gov

